OSHER
LIFELONG LEARNING INSTITUTE

LATE SPRING 2015
For Ages 50 and Better | Curious Minds of All Ages Are Welcome
www.oshер.colostate.edu | Division of Continuing Education

Colorado State University
OnlinePlus
Part of the Office of Engagement
JOIN US!

Drake Hall, 2545 Research Boulevard, Fort Collins, Colo.
Join a Community of Active Learners

Designed for those aged 50 and better, CSU’s Osher Lifelong Learning Institute offers on and off campus learning adventures, plus the chance to meet new and like-minded people.

See what’s in store for Spring 2015 and learn more about becoming a member of the Osher Lifelong Learning Institute today!
Become an Osher Member

**Gold Membership:** $95 each session (3 sessions per year)
Gold membership includes free registration to one Osher offering.
Additional course offerings are available for an additional $95 per course.
- Participate in a Value-Added Draw to take advantage of additional available course seats.
- Enjoy Perk Series lectures, tours, and special events.
- **Course enrollment is on a first-come, first-served basis and is subject to availability.**

**Green Membership:** $35 per year
- Support the Osher lifelong learning community.
- Enjoy Perk Series lectures, tours, and special events.
- **Course enrollment is on a first-come, first-served basis and is subject to availability.**

**Tuition Assistance**
If financial hardship is preventing you from taking one of our Osher courses, please complete a Tuition Assistance Application. Funds are limited; assistance will be given until the money is exhausted. Therefore, you’re encouraged to apply as early as possible regardless of when your desired class begins. Applications will be reviewed within 7 to 10 working days of receipt. You will then be notified by telephone regarding the outcome of your request. You may receive financial assistance only once during a calendar year. Thank you for your cooperation and understanding. Visit www.asher.colostate.edu or call (970) 491-7753 if you have questions or need an application form.

**Support Your Osher Lifelong Learning Institute**
Your tax-deductible contributions will support and sustain the Osher program. Please make a generous donation when completing the Membership form or call (970) 491-7753.

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**University Holidays**
The Osher and OnlinePlus offices will be closed for the following University holiday:

Monday, May 25
Drop and Refund Policy for Osher Courses

The Osher Lifelong Learning Institute follows the OnlinePlus, Division of Continuing Education’s (DCE) policy as it relates to withdrawing from Osher courses.

Full tuition refunds, less a $25 processing fee, will be given if the request to drop an Osher course is received prior to the drop deadlines (see table below). Course fees are refundable if the drop request is received five days prior to the course start date. Full refunds are not given after the last day to drop.

The effective drop date is the business day DCE receives your drop request. Nonattendance does not constitute a drop.

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<th>Course Duration</th>
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<td>4 weeks or less</td>
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<td>5 weeks or more</td>
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Credit card refunds require 10 business days; check refunds may take up to eight weeks and will be mailed to the address on file. Existing balances will be paid prior to issuing a refund.

Driving Directions and Quick Glance
To save printing costs, detailed driving directions and a Quick Glance of Courses are available on www.osher.colostate.edu or call (970) 491-7753.

Gift Certificates Available
Looking for the perfect gift for a friend or relative? Give the gift of learning! We have membership gift certificates available for any occasion. Call (970) 491-7753 for more information.

Severe Weather Policy
The Osher Lifelong Learning Institute follows the University’s severe weather policy in regard to canceling classes due to weather. It is important that we have your phone number so we can contact you.

Members’ Perk Series
As part of your Osher membership, you are invited to attend our lectures, tours, and events offered for no extra cost. For details see pages 25-32 or visit www.osher.colostate.edu or call (970) 491-7753.
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The Quick Glance of Courses and Directions to Course Locations are available at [www.osher.colostate.edu](http://www.osher.colostate.edu) or call (970) 491-7753.
Meet the Press: How the Printing Press Changed the World!

#OSHR 1113 100

The printing press was a tool used to share information quickly and broadly and is now considered one of the most important inventions in history. Journey through time with us as we evolve from recording events on surfaces such as cave walls and tree bark to the use of photopolymer plates. We will discuss how rapid production of the written word, as a result of Gutenberg’s printing press, was a major agent of change. It greatly impacted world exploration and discovery, politics, religion, and much more. We will look at the proliferation of specific typefaces as part of a larger conversation about the way type affects our lives. Come along, and learn about “minding your p’s and q’s” and the age-old craft of Letterpress Printing! Find out why the modern designers are going back to the “roots” of that industry.

Instructor: After a 30-year career working as a teacher and in natural resource management for the National Park Service and the Colorado Division of Wildlife, Denise Newberry decided to follow her heart and began restoring vintage printing presses. Her passion for paper, people, and history helped her join the resurgence of the letterpress.


Time: 10 a.m.-Noon

Dates: Mondays, April 13, 20, 27, May 4, 11 (5 weeks)

Class Limit: 25 participants

Cost: $95

Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Psychology and the Law

#OSHR 1144 100

From the daily newspapers, the Internet, and popular television shows, we are bombarded with legal and psychological stories. Does the discipline of psychology have anything to offer the legal system in providing answers to these problems? This course will explore legal concerns and possible psychological answers for issues such as the insanity defense, mental health and the law, psychological issues surrounding the death penalty, eyewitness identification, coerced confessions, false memories, and other topics of interest to class participants. U.S. Supreme Court cases relevant to these topics will be discussed.
Instructor: Jim Couch has a Ph.D. in psychology and a J.D. He taught psychology at James Madison University for 29 years before entering law school. He is a member of the Texas Bar and practiced law for 10 years before retiring and moving to Colorado. He is a Fellow of the American Psychological Association and has authored numerous scientific papers and several books. His research has been used in amicus briefs to a number of appellate courts, as well as referenced in U.S. Supreme Court decisions. While practicing law in Texas, he assisted in developing a program for mentally ill defendants who were arrested for minor crimes and who had a history of incarceration in the country jail. This program led to a significant reduction in the number of defendants who had a history of being a “frequent flyer” in the criminal justice system.

Time: 1-3 p.m.
Dates: Mondays, April 13, 20, 27, May 4, 11, 18 (6 weeks)
Course Limit: 25 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Ballroom Dance in the Afternoon
#OSHR 1481 106

Come join in the Ballroom enthusiasm, putting a spark in your step to Big Band and classic music with our popular Ballroom dancing. Feel young again with the smooth styles of Foxtrot, Waltz, and a taste of Argentine Tango. Receive individualized attention with Frame and Ballroom technique. All levels welcome – even for the timid with an invigorating fitness approach. Give your spouse/dance partner the gift of dance for fitness.

Instructor: Nancy Mondy Evans and Ray Evans have a lifetime of dance experience including instructors for the Colorado and San Francisco Ballets, and choreographing/performing in competitions at country clubs and more.

Time: 1:30-3 p.m.
Dates: Mondays, April 13, 20, 27, May 4, 11 (5 weeks)
Course Limit: 52 participants
Cost: $95
Location: Club Tico, 1599 City Park Drive, Fort Collins, Colo.
Your Immune System: Friend and Foe

#OSHR 1648 100

Our immune system is essential for our protection against infectious diseases. It is a complex of tissues, cells, and proteins coordinated in various ways ultimately to defend against a variety of bacterial, viral, fungal, and other pathogens. Without it, life would be short and painful, indeed. Unfortunately, certain immunoreactions can result in situations acting counter to the health and well-being of affected individuals. Those experiencing exaggerated, inappropriate, or otherwise undesired immune responses may develop allergies, reactions against ‘poison’ plants, graft rejection, autoimmunity, and a variety of other conditions. You don’t need a background in science and technology to enjoy a basic understanding of these processes and their ramifications.

Instructor: Dr. Michael Dewey, a Wyoming native, majored in microbiology at UW and received his graduate degree, also in microbiology, from the University of Pennsylvania. He was a faculty member at the University of South Carolina for 27 years and taught Immunobiology, Genetics, and Cell Biology. His research has focused on mouse genetics, immunology, and physiology. Since retiring in 2006 from USC, he moved to Fort Collins where he regularly gypsy teaches summer Genetics at CSU in the Biology Department and an occasional Osher course.


Time: 4-6 p.m.

Dates: Mondays, April 13, 20, 27, May 4, 11, 18 (6 weeks)

Class Limit: 25 participants

Cost: $95

Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Course enrollment is on a first-come, first-served basis and is subject to availability.

Register today!
Spring Flowers of the Foothills: the Edible, the Poisonous, and the Merely Beautiful

#OSHR 1875 106

Earth…the Green Planet. How can we truly appreciate the beauty and complexity of our home without knowing plants, our life support system? Our focus will be edible (and poisonous) plants of the spring flora of the foothills of the Front Range; but we will also come to appreciate plants as a feature of patterns of local ecosystems and as a fundamental force in the evolution of the biosphere…and hence of ourselves.

We are what we eat, of course. But more important, we are what we have eaten. Our final session will involve gathering local edibles for a celebration picnic (supplemented as useful by the fruits of earlier harvests – by ourselves and others!).

Instructor: Dave Armstrong, resident naturalist at Sylvan Dale Guest Ranch (B.S., Zoology, CSU, ’66; MAT, Science Education, Harvard, ’67; Ph.D., Evolution and Ecology, Kansas, ’71) taught courses in biology, environmental studies, and the history of science at CU-Boulder (1971-2009). His research on mammals and their ecology has focused in the Western United States (Colorado, New Mexico, Utah, and Wyoming). He is author or co-author of several dozen scientific papers, and half dozen books. Over four decades he has led field courses for Cloudridge Naturalists, Rocky Mountain Nature Association, Rocky Mountain Biological Laboratory, The Nature Conservancy, Osher Lifelong Learning Institute, and other groups.

Readings: Participants are urged to browse the selections at local book or outdoor stores and then choose the one that “feels right.”


Time: 10 a.m.-Noon, Mondays; 8 a.m.-1 p.m., Saturday

Dates: Mondays and Saturday, April 20, 27, May 4, 11, 16 (5 weeks)

Class Limit: 25 participants

Cost: $95

Location: Sylvan Dale Guest Ranch, 7 mi W of Loveland (2939 N County Road 31D, Loveland). Co-sponsored by Heart J Center for Experiential Learning.
The Secrets of Writing Bestselling Novels (Advanced)

#OSHR 1314 100

This course is designed for the more advanced writer; those who either have experience in pursuing commercial publication, or those who have taken Grant’s first class. The focus will be a practical, hands-on exploration of these topics.

Getting published is a challenge; making it big an even bigger challenge. But there are secrets that can tilt the odds in your favor. Join Grant Blackwood in this interactive course as he shares the secrets and techniques he’s developed over his 27-year career. Explore in-depth topics such as:

- The five elements all bestseller commercial fiction books share
- Outlining: your novel’s roadmap
- Developing rough story ideas and turning them into a finished product
- Story versus plot and the all-important premise line.

Instructor: In addition to the works co-authored with Clive Cussler and Tom Clancy, Grant Blackwood is The New York Times bestselling author of the Briggs Tanner series (The End of Enemies, The Wall of Night, and An Echo of War). A U.S. Navy veteran, Grant spent three years aboard a guided missile frigate as an operations specialist and a pilot rescue swimmer. Grant lives in Colorado where he is working on another collaborative series, as well as his own series starring a new hero.

Time: 9 a.m.-12:30 p.m.
Dates: Tuesdays, April 14, 21, 28, May 5 (4 weeks)
Class Limit: 15 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Drawing for the Beginner/Intermediate:
Learning to Draw and Record What You See!

#OSHR 1797 100

As artist Keith Haring said, “Drawing is still basically the same as it has been since prehistoric times. It brings together man and the world.” Seize this opportunity to rejoin your world.

If you have always wanted to be able to draw or have wanted to improve your drawing skills, this course is for you! The course will address student’s development on an individual basis, whether you are a beginner or intermediate. Drawing is the basis for all the art forms, so this will help students develop their skills and their eye for other artistic pursuits.

Instructor: Lauren Kearns is a teacher by nature and has been an artist throughout her life. She has taught various art classes (in different media) at numerous colleges, art centers, and community centers. She specializes in teaching the joy of drawing as well as ceramics.
Bienvenidos!! Basic Spanish Language and Cultural Awareness (Intermediate)
#OSHR 1202 106
Welcome to this course, where you will continue learning more of the fundamental elements of speaking Spanish. Basic points of grammar and various cultural elements will be included. This course is taught in an interactive, fun, and supportive environment. This intermediate Spanish language class will give you information to be more comfortable while traveling in a Spanish-speaking country. A previous basic Spanish course (beginner) is required.
Let’s continue your journey now!

Instructor: Flora Terán is a native Spanish speaker from Bolivia, who has taught Spanish for 20 years to age groups ranging from primary school to the university level in the Front Range area between Fort Collins and Greeley.

Time: 1-3 p.m.
Dates: Tuesdays, April 14, 21, 28, May 5, 12, 19 (6 weeks)
Class Limit: 25 Participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Right-Brain Photography
#OSHR 1709 100
The best photography is found where technical know-how and creative aesthetics meet. Nowadays, photographers spend a lot of time, if not most of the time, learning about the technical side of photography. However, as important as that is, we need to sharpen, not just our left brain, but also our right brain in order to create the best photo images. In this course you will learn from the instructor’s own models/paradigms of how to create great images. Eli’s concepts and principles covered in his I SEE SOMETHING,™ The Photo Image Creation Process,™ and 5-Point Photo Art Model,™ coupled with viewing the instructor’s photos and in-class exercises, will provide the basis for this class. Visit www.elivega@net.

Instructor: Eli Vega, a self-taught photographer, is an award-winning and highly published photographer with more than twenty years of experience. His work has been featured in magazines, travel guides,
Right-Brain Photography, OSHR 1709 100 (continued from previous page)

post cards, calendars, and other commercial publications. His photo art was influenced by his three years as a college art major. He has taught photography classes since 1993. As a former training and development specialist, he likes to make his courses and workshops engaging, interactive, high-energy, and fun. His advice to any photographer is, “Be an artist first, photographer second.”

Time: 5:30-7:30 p.m.
Dates: Tuesdays, April 14, 21, 28, May 5 (4 weeks)
Class Limit: 15 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

The “Wow and Gee Whiz” of Chemistry in Our Everyday Lives
#OSHR 1649 100

Sorry that you neglected science classes in high school? Pop this class to the top of your bucket list. This class will be very interactive. We’ll talk about implications of chemistry in everyday life and why it does not have to be intimidating. We’ll start with: What is an atom? A molecule? Next, it is on to states of matter, i.e., everything is either a solid, liquid, or gas and what that implies. Other topics include: The most amazing molecule in the universe – water – and why it has that distinction; chemical reactions and why some explode while other reactions take ‘forever’ to occur. We’ll talk about the law “there is no such thing as a free lunch” as it relates to energy. We’ll ask, “Is that banana really ‘organic,’ and what is ‘organic,’ anyway? Finally, we’ll discuss some really BIG chemical reactions, nuclear energy.

Instructor: Bill Tosch earned a B.A. in chemistry at the University of South Dakota; a M.S. and Ph.D. in chemistry at Purdue University. Bill was in management of oil recovery research for a major oil company for 24-years. After retiring, he taught petroleum engineering at Penn State, then chemistry, part time, at UCD/Metro (Denver), Front Range Community College, and CSU in Fort Collins. Bill is a novice cook and “thinks chemistry” while cooking.

Time: 2-4 p.m.
Dates: Tuesdays, May 5, 12, 19, 26, June 2, 9 (6 weeks)
Class Limit: 25 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.
Inhabiting Poetry, Inhabiting the World

Why do we turn to poetry in times of reflection, crisis, and wonder? How can poetry at once capture the beauty and pain of our lives and of this world? How – and why – do we carve metaphors and symbols in our efforts to express our dreams, losses, visions, and histories? Perhaps we know that poetry can free us, if even for a moment. Christian Wiman, the former editor of *Poetry*, wrote, “Let us remember…that in the end we go to poetry for one reason, so that we might more fully inhabit our lives and the world in which we live them, and that if we more fully inhabit these things, we might be less apt to destroy both.” In this class, we will endeavor each week to inhabit our lives and this world through readings, discussions, and guided writing exercises. New writers welcome.

**Instructor:** Chloé Leisure holds an M.A. from Northern Arizona University and an M.F.A. in poetry from Colorado State University. A former CSU English instructor, she currently teaches community and elementary enrichment creative writing classes in Fort Collins, Colorado. Leisure is the 2014 Fort Collins Poet Laureate and the author of *The End of the World Again* (forthcoming from Finishing Line).

**Time:** 10 a.m.-Noon

**Dates:** Wednesdays, April 15, 22, 29, May 6, 13, 20 (6 weeks)

**Class Limit:** 15 participants

**Cost:** $95

**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

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Cinema “Du Jour” (Movie Series)

Come enjoy film and post-film discussions in the quaint and comfortable ambiance of the Lyric Cinema Café. We will watch movies with unique story lines and observe film-making techniques that vary from the standard studio fare. After each cinematic adventure, we’ll gather together with fellow Osher participants for intriguing discussion of these thought-provoking films.

**Please note:** Movies may be subtitled and carry various ratings.

**Facilitators:** Joannah L. Merriman, M.A., is a writer, community educator, and psychotherapist in private practice. Passionate about good books and good films, she finds facilitating and participating in writing, reading, and film discussions to be thought-provoking, enriching, and joyful.

Neil H. Petrie, Ph.D., is a professor emeritus at CSU, specializing in 19th Century British Literature for nearly 35 years. In his retirement, he is an avid Duplicate Bridge player. He shares Joannah’s love of good books and films and will share the facilitation spot for this Late Spring session.

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WWW.OSHER.COLOSTATE.EDU • (970) 491-7753
Three New Deals: Problem Solving in the U.S., Soviet Union, and Germany
#OSHR 1023 100
The “new deal” is usually associated with Franklin D. Roosevelt in the United States. However, there were two other nations also experiencing similar economic difficulties that developed what might be called “new deals”: the Soviet Union and Germany. Each produced a strong, aggressive leader, Adolf Hitler and Josef Stalin; and each solved its problems in unique ways. This course will compare these three nations and their methods for solving their problems with new deals.

Instructor: David McKibbin is a retired professor of history, with a Ph.D. from SUNY at Buffalo. He taught history for 15 years at the University of Northern Iowa in Cedar Falls.

Time: 1-3 p.m.
Dates: Wednesdays, April 15, 22, 29, May 6, 13, 20 (6 weeks)
Class Limit: 25 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Art, Memory, and Holocaust Memorialization
#OSHR 1071 100
The German philosopher Theodor Adorno said that to write poetry after Auschwitz is barbaric; yet there have been many attempts since 1945 to memorialize the unthinkable atrocities of the Holocaust in an aesthetic form (painting, public sculpture, architecture). This course will explore the politics of style and memory in Holocaust memorialization in Germany, Austria, Poland, the United States, and Israel.

Instructor: Annie Krieg earned her M.A. and Ph.D. in history of art and architecture and cultural studies at the University of Pittsburgh, specializing in modern German and Central European architecture. She has enjoyed sharing her love of visual culture and social and political history as a

continued on Page 19
Part 3: Select Value-Added Draw Courses

Gold membership entitles you to participate in the “Value-Added Draw” for additional free-of-charge courses (based on space availability). List your course preferences below in order of priority to enter the random draw. Entries must be received by April 1, 2015 at Drake Hall, 2545 Research Blvd., Fort Collins, CO 80526. The draw will be held April 3, 2015. The draw will be held.

Required: I would like to participate in a total of (#) Value Added Draw courses.

Confirm (office use only)

Course number and title (please rank by order of preference)

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I would like to make an additional tax-deductible contribution to support Osher. 

Total amount

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Thank you for joining Osher

We value your support!
I want to join Osher!

- **Gold membership**—$95 each session
  - Please complete **parts 1, 2 and 3**
    - Enroll in unlimited courses, field trips and more (based on space availability)
    - Enjoy Perk Series lectures, tours and special events
    - Participate in a “Value-Added Draw” for additional courses

- **Green membership**—$35 per year
  - Please complete **part 2 only**
    - Support the Osher lifelong learning community
    - Enjoy Perk Series lectures, tours and special events

**Part 1: Select your courses**

**Gold membership** entitles you to select **one** Osher offering, based on space availability. Reserve your seat in additional course offerings for a fee of **$95 per course**.

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Part 2: Select your Perk Series Lectures and Tours

**Gold and Green memberships** entitle you to enroll in Perk Series lectures, tours and special events, based on space availability.

**Lecture or tour number and title**

1. OSHR
2. OSHR
3. OSHR
4. OSHR
Part 3: Select Value-Added Draw Courses

Gold membership entitles you to participate in the "Value-Added Draw" for additional free-of-charge courses (based on space availability). List your course preferences below in order of priority to enter the random draw. Entries must be received by April 1, 2015 at Drake Hall, 2545 Research Blvd., Fort Collins, CO 80526. The draw will be held April 3, 2015.

Required: I would like to participate in a total of (#) Value Added Draw courses.

Course number and title (please rank by order of preference)

1 OSHR
2 OSHR

Total fee

I would like to make an additional tax-deductible contribution to support Osher.

Total amount

$ Other $ 25 $ 100 $ 50 $ Other $ 25 $ 100 $ 50 $ Other

Total fee

Signature

Date

Credit card:

VISA

American Express

MasterCard

Discover

Other

Exp. date

Security code

Name on card

Payable to Colorado State University OnlinePlus

We value your support!
frequent Osher instructor at the University of Pittsburgh and later as a continuing studies instructor at the University of Wisconsin-Madison, teaching on topics from art and the Holocaust to modern religious architecture.

Reading: Young, James, The Texture of Memory: Holocaust Memorials and Meaning, ISBN 978-0300059915 (Highly recommended for in-class conversation.)

Time: 5-7 p.m.
Dates: Wednesdays, April 15, 22, 29, May 6, 13 (5 weeks)
Class Limit: 25 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Introduction to Fly Tying
#OSHR 1839 100

Ever stood streamside and wondered why the fish were not interested in your fly? Ever been discouraged by the dizzying array of fly patterns in your local fly shop? Then this class is for you. You will be introduced to the materials, tools, and techniques involved in tying flies for trout and a few other fish. You will become familiar with fundamental techniques used to tie hundreds of fly patterns. If you are interested in fly tying and fly fishing, then this class will provide a starting point from which to begin an enjoyable and satisfying hobby. Participants will need to purchase their own tools for the class (list provided upon registration or call 491-7753). Additional fee of $25 is payable to the instructor on the first night of class for fly tying materials (hooks, thread, furs, and feathers).

Instructor: Dave Johnson has been fishing since he could first hold a rod, pulling pan fish from a local neighborhood pond when he was two-years-old. When he was twenty, he quit college to fish some of the fabled streams of the upper Midwest and Western U.S. He has been a fly shop clerk, a fishing guide, and a professional fly tier. Now that he has become more responsible, Dave currently serves CSU as the director of research and analytics for The Institute for Learning and Teaching and OnlinePlus.

Time: 5-7 p.m.
Dates: Wednesdays, May 6, 13, 20, 27 (4 weeks)
Class Limit: 35 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.
Antarctica

Is visiting Antarctica on your “bucket list?” Have you been to Antarctica and want to learn more about it or even return? Are you interested in learning more about the last and least explored continent? Our course begins with the geography of Antarctica, including glaciers, mountain ranges, the Southern Ocean, climate, and even politics. Next is the discovery and exploration of Antarctica including the expeditions led by Robert Falcon Scott, Roald Amundsen, Douglas Mawson, Ernest Shackleton, and Richard E. Byrd. Other topics include expedition logistics, and sciences, especially the geology and wildlife. We’ll finish with an overview of cruises and a virtual tour of the Antarctic Peninsula by cruise ship.

**Instructor:** Jim Collinson graduated from Augustana College in 1960 and earned a Ph.D. in geology from Stanford University in 1966. He taught geology at The Ohio State University from 1966 until 1995 when he retired, but continued working in the Byrd Polar Research Center until 1999. His areas of research include the study of sedimentary rocks, paleontology, and Antarctic geology. He conducted field research in many parts of Antarctica between 1969 and 1999, working closely with vertebrate paleontologists. Since retirement he has served as a lecturer on cruise ships to Antarctica for 8 seasons.

**Time:** 10 a.m.-Noon  
**Dates:** Thursdays, April 16, 23, 30, May 7, 14, 21 (6 weeks)  
**Course Limit:** 25 participants  
**Cost:** $95  
**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

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Motivation: How Does It Happen? How Can I Keep It?

#OSHR 1359 100

We all have a strong drive and motivation (vitality) when we are young. It is often characterized by impulsivity and regrettable choices. Hopefully, wisdom comes with age. However, energy, vitality, and motivation can simultaneously waiver. We all need a reason to rise in the morning or we may be tempted to withdraw from life. Join this look at basic drivers throughout life and the joy of finding and maintaining a lifelong vitality.

**Instructor:** Fred Fuller, M.A., had a marriage and family counseling practice in Fort Collins for many years, is a graduate of Denver Seminary, and an ordained minister. He has a career-long interest in this subject and deeply believes in the value of embracing life’s motivational challenges with focus and determination. Teaching is a rewarding tool for communicating this value.
Time: 1-3 p.m.
Dates: Thursdays, April 16, 23, 30, May 7, 14, 21 (6 weeks)
Course Limit: 25 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Reinventing Romeo: A New Twist on an Old Tale
#OSHR 1429 100

The story never gets old; soul mates love each other more than anything but just can’t seem to make it work (but will often die trying). Even William Shakespeare knew this story was guaranteed to succeed, which is why we keep telling it over and over again, just in new ways. In this course, we will discuss the characters, the stories, the language, and the adaptations of Shakespeare’s most famous love story: Romeo and Juliet. Not only will the class discuss film adaptations, but we will also be attending Openstage Theatre’s production of *Romeo and Juliet* at the Lincoln Center, which will be set in Missouri around the Civil War Era. This class will encourage debate and discussion about why this story is considered to be so timeless and universal.

Instructor: Debbie Swann graduated from Kansas State University with a B.A. in theatre and English in 2006. From there, she pursued her master’s in theatre with a directing emphasis from Texas State University. During her studies, she also traveled to England to receive acting training at The Shakespeare Center, Shakespeare Birthplace Trust, Royal Academy of Dramatic Art, and The Royal Shakespeare Company. From 2008 to 2013 she taught, designed, and directed theatre at Central Community College in Columbus, Nebraska.


Time: 4-6 p.m.
Dates: Thursdays, April 16, 23, 30, May 7, 14 (5 weeks)
Class Size: 25 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.
Psychology of Morality: In-Groups, Out-Groups, and the Liberal-Conservative Divide

#OSHR 1328 100

Ethics, long the domain of philosophy, is now being studied by psychology, which brings an evolutionary understanding of the brain and moral reactions in social context. A growing body of research, from prisoner dilemma games to trolley dilemmas, demonstrates how people make moral judgments. An important conclusion states that our intuition and emotions lead to different moral reactions for in-group versus out-group members. Can we reason our way to extending our pro-social moral reactions to out-groups? How do liberals and conservatives differ in moral reactions? Can they transcend their differences? The class will benefit from the perspectives of two instructors (psychology and philosophy) and the informed contributions of class members.

Instructors: David Barone has a B.A. with honors from University of Chicago and received a Ph.D. in psychology from UC-Santa Barbara. He was professor and chair of the Psychology Department at Illinois State University. He is the lead author of Social Cognitive Psychology: History and Current Domains, 1997, and Advanced Personality, 1998. Robert Hollinger has a B.A. from Brooklyn College and a Ph.D. in philosophy from the University of Wisconsin-Madison. He is professor emeritus at Iowa State University and currently has a position at Front Range Community College. Bob is author of The Dark Side of Liberalism, 1994, and Postmodernism and the Social Sciences, 1996.


Time: 10 a.m.-Noon
Dates: Fridays, April 17, 24, May 1, 8, 15, 22 (6 weeks)
Class Limit: 25 participants
Cost: $95
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Twelve Things You Need to Know to Be Biologically Literate

#OSHR 1848 100

Our comprehension of life on Earth has grown enormously; and what we comprehend affects agriculture, medical care, and resource management. As a consequence, our biological knowledge insinuates into education, economics, politics, and religion. And all these things, separately and in various combinations, determine how we treat ourselves and each other. Without equivocation biology is the foundation of our physical, intellectual, and spiritual well-being. Spraying mosquitoes, saving an endangered mouse, restoring wolves, letting fires burn, evolution, stem
cell research, modifying genetics: having an opinion is one thing; having an educated opinion is far more significant. This seminar will present 12 topics in biology, explain their relevance in today's world, and compare what we knew about each in the 1960s and what we know about them today.

**Instructor:** Since 1974, Kevin Cook has explored Colorado to experience its wildlife firsthand. Realizing that no species lives alone, he studies all major life groups – bacteria, protists, plants, fungi, and animals – with a special enthusiasm devoted to their intricate and myriad connectedness. To understand these connections, he takes his passion from the textbooks and journals into the field to find the creatures for real. He writes natural history columns for newspapers and magazines, edits technical articles for scientific publications, leads wildlife observation tours, teaches various wildlife classes, and presents monthly wildlife lectures at several Colorado venues.

**Time:** 1-3 p.m.

**Dates:** Fridays, April 17, 24, May 1, 8, 15, 22 (6 weeks)

**Class Size:** 25 participants

**Cost:** $95

**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

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**Gardening in Colorado: Can You Dig It?**

#OSHR 1898 100

This five-week series will cover Colorado gardening basics: lawn care and weed control; tree identification; basic plant physiology; edible plants; houseplants and the truth behind garden myths. General tips for gardening success in northern Colorado will be the focus. Attend these classes for trustworthy and honest information from CSU Extension.

**Instructor:** Alison Stoven O'Connor is the Colorado State University Extension horticulture agent in Larimer County and instructor in the Department of Horticulture and Landscape Architecture. She’s been with Extension for nine years. Alison coordinates the Larimer County Master Gardener program and assists homeowners and industry with horticultural questions. She attended Iowa State University and The Ohio State University, majoring in horticulture, and recently graduated with her Ph.D. from Colorado State University in the Department of Horticulture and Landscape Architecture.

**Time:** 1-3 p.m.

**Dates:** Fridays, April 24, May 1, 8, 15, 22 (5 weeks)

**Class Size:** 25 participants

**Cost:** $95

**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.
**A Celebration of Trees (Field Trip)**

#OSHR 1891 106

To understand trees requires changing a way of thinking, and who doesn’t want to get to know trees better? They provide us with food, fiber, medicines, and building materials; they also shade us on sunny days, shelter us from wind on blustery days, and add value to our real estate. That change in thinking means realizing “tree” is a way of growing and not a kind of plant; we have no all-inclusive “tree family.” Despite Colorado’s remarkable wildlife richness, only two dozen native plants grow as trees; but ten times that many kinds of trees have been brought here by people. In two half-day class sessions, we will visit some of Fort Collins’ more interesting trees, all of them trees that have stories to tell.

**Instructor:** Since 1974, Kevin Cook has explored Colorado to experience its wildlife firsthand. Realizing that no species lives alone, he studies all major life groups – bacteria, protists, plants, fungi, and animals – with a special enthusiasm devoted to their intricate and myriad connectedness. To understand these connections, he takes his passion from the textbooks and journals into the field to find the creatures for real. He writes natural history columns for newspapers and magazines, edits technical articles for scientific publications, leads wildlife observation tours, teaches various wildlife classes, and presents monthly wildlife lectures at several Colorado venues.

**Time:** 1-4 p.m.

**Dates:** Fridays, May 29, June 5 (2 weeks) June 12 is an alternate date in case of bad weather

**Class Size:** 25 participants

**Cost:** $95

**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Course enrollment is on a first-come, first-served basis and is subject to availability. **Register today!**
Enjoy behind-the-scenes experiences and learn about the cutting-edge research and scholastic programs happening at CSU. The following lectures and tours are offered as part of your Osher annual membership fee at no extra cost! Enrollment is on a first-come, first-served basis and is subject to availability.

Woodswoman Walking: An Oldish Woman’s Adventures on Foot (Perk Series Lecture)
#OSHR 3080 100

Just when we think we’ve hit the top of our ability to challenge ourselves, we are sometimes provided an opportunity to do something completely out of our old range of possibility. Joannah Merriman decided to walk nearly 800-kilometers across Spain, from the French Pyrenees to Santiago de Compostela. With her belongings on her back, her perspective on time, space, solitude, and her own physical strength has deepened, broadened, been enriched. Through photos and discussion, she will show you the changing landscape of northern Spain, the system of markers and albergues which point the way and provide shelter each night, and some of the people encountered on her journey.

The Camino is not only a long walk across a country, but a metaphor for any life.

Speaker: Joannah L. Merriman, M.A. – writer, community educator, psychotherapist, and card-carrying member of AARP, this oldish woman, armed with a passport, backpack, camera and journal, is still adding items to her bucket list, including walking the Camino de Santiago again in 2015.

Time: 10 a.m.-Noon
Date: Thursday, April 16
Class Limit: 35 participants
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Register early to reserve your space.
Human Factors for Wearable Technology
(Perk Series Lecture)
#OSHR 3082 106

Wearable technology, or wearables, are clothing or accessories incorporating electronics or “smart” textiles into the wearable product. According to the Global Consumer Smart Wearable Technology Market Report, the wearable technology market is anticipated to grow 32.78% over the period 2013-2018. Because wearable technology is worn, carried, or attached to the human body, it is vital to consider human factors to allow acceptable usability to the wearer. For human factors design, multidimensional approaches are adopted to evaluate anthropometric fit, ergonomic mobility, and cognitive comfort. This presentation will overview human factors, issues, and various current and future applications of wearable technology, ranged from solar-powered outdoor gear, to bacteria-sensing hospital patient gown, to lightweight bio-based protective suits for first responders.

Speaker: Juyeon Park, Ph.D., associate professor, Department of Design and Merchandising at Colorado State University, director of Human Factors Product Innovation Lab, and co-director of Human Body Dimensioning Facility.

Time: 3-4:30 p.m.
Date: Monday, April 20
Class Limit: 50 participants
Location: Pathways Hospice, 305 Carpenter Road/CO 392, Fort Collins, Colo.

The Trashiest Trash Fish: Common Carp in America (Perk Series Lecture)
#OSHR 3014 100

The history of the common carp in North America has been largely forgotten even though the carp swims in just about every waterway in the country. Today the carp is a value-less non-entity or pest, and a shadowy inhabitant of urban park ponds and polluted lakes and rivers. Most who encounter carp don’t think much of them, unless they feel revulsion. If they notice carp, they see only an ugly bottom-feeder, classed with suckers, chubs, and other primordial fishes of little interest, aesthetic, economic, or otherwise. Anglers and scientists denigrate the fish as “foul-tasting,” as ugly, as “biological pollution,” and, most conspicuously, as a “trash fish.” This presentation tells the story of one of North America’s (and the world’s) most notorious invasive species from a light-hearted and sympathetic point of view.
Speaker: Dave Johnson received his Ph.D. from the Literature and Environment Program at the University of Nevada, Reno. His dissertation examined the way public conversations about common carp became the framework for all discussions of invasive alien species in the U.S. Dave first met the carp on a quiet section of the San Gabriel River in Texas when he was 14 years old.

Time: 5-6:30 p.m.
Date: Monday, April 20
Class Limit: 35 participants
Location: Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

Earth Week – Earth, Sun, and Fire (Perk Series Tour)

#OSHR 3006 106

5.3 Megawatt Solar Plant Tour: Tour the 30-acre, public-private partnership among CSU, Xcel Energy, and Fotowatio Renewable Ventures at the 5.3 Megawatt solar plant. There are approximately 23,000 solar panels located at the plant with an annual expected output of 8.5 million kilowatts covering about 33% of the electricity consumed on the Foothills Campus.

Earth Bin Composter Tour: This large-scale in-vessel composter turns about 300,000 pounds of compostable material from the dining centers pulpers on the main CSU campus, as well as some organic material from the main campus, into soil amendments. The composted soil is targeted for use in campus landscaping projects.

Biomass Boiler Tour: The biomass boiler burns approximately 600 tons of wood chips from fire mitigation projects each year to heat water and displaces natural gas use. Biomass energy produces 96% fewer overall emissions than natural forest fires and 97% fewer than prescribed burning. The plant has a rating of 46 bhp.

Time: 1-3 p.m.
Date: Thursday, April 23
Class Limit: 50 participants
Location: Information about parking and bus use will be available as we get closer to the tour date.
What Does Poverty and Homelessness Look Like in the Choice City? (Perk Series Lecture)
#OSHR 3019 100

Numbers tell an alarming story of how many local families are still struggling months after the nation’s recession was declared over. How is the community responding to these needs? What is the City’s role in poverty alleviation? Who is the Department of Social Sustainability? What non-profit partners directly serve those in homelessness or on the brink of homelessness? Are there ways every-day folks can be part of the solution? Learn about the often hidden poverty and homelessness that is a way of life for many of our neighbors and what programs are leading folks to a place of stability.

**Speaker:** Sue Beck-Ferkiss is a social sustainability specialist with the City of Fort Collins. Beth Sowder is interim director for the Department of Social Sustainability with the City of Fort Collins.

**Time:** 2-4 p.m.
**Dates:** Thursday, April 23
**Class Limit:** 35 participants
**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

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Want to Bet? Join Us for a Kentucky Derby Primer! (Perk Series Lecture)
#OSHR 3011 100

Back by popular demand! Learn about the history of thoroughbred racing and the Kentucky Derby more specifically. The process of handicapping thoroughbred horse racing and the types of bets that handicappers make will all be discussed. The session will conclude with race videos and a “hands-on” examination of the *Daily Racing Form* for this year’s running of the Kentucky Derby.

**Presenters:** Brian Cobb and Joe Vasos

**Time:** 4:30-7 p.m.
**Date:** Wednesday, April 29
**Class Limit:** 35 participants
**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.
America Overdosed: Big Pharma and American Medicine – A Tenuous Alliance (Perk Series Lecture)
#OSHR 3023 100

What is Big Pharma? What marketing strategies does Big Pharma employ to influence you and your physician on the selection of medications? In medicine, what constitutes a conflict of interest? As a patient, how can you empower yourself to talk to your doctor to be informed about the effectiveness, side effects, and costs of the medication your physician wants to prescribe? This seminar will review a set of communication skills that will help a patient learn how to develop a good working relationship with their physician when medication is recommended as a part of the treatment plan.

**Speaker:** Dr. Dan Merz is retired and had a 37-year career as a licensed psychotherapist, tenured professor, and medical educator. He is an emeritus member of the Society for Teachers of Family Medicine and a teaching fellow in Academic Medicine.

**Time:** 10 a.m.-Noon  
**Date:** Tuesday, May 12  
**Class Limit:** 35 participants  
**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

AWAY? THERE IS NO “AWAY.” Disposing of the “TRASH” in Our Lives (Perk Series Tour)
#OSHR 3098 106

Throw it away…where is away and why there really is not an “away.” Listen and engage in a lively discussion about the real cost of all the “stuff” that gets disposed of every day. How does a modern landfill operate and what happens to the buried trash? What happens when the local landfill is full? Everyone produces trash…what can be done differently…and how can we make a difference? Bring your questions and ideas to share with the assistant director and environmental educator of the Larimer County Solid Waste Department.

We will be taking a tour of the working landfill, so participants will want to dress appropriately for the weather. Closed toe shoes are mandatory.

**Facilitators:** Edward Enriquez has worked 25 years in the solid waste business. He was formerly a solid waste supervisor of Glendale, Ariz. Currently, Edward is assistant solid waste director in Larimer County. Rose Watson is the environmental educator for the past 6 years. She also oversees staff and operations of the Garbage Garage Education Center. Her background is in education, training, facility management and operations.
Managing the Environment Along the U.S. Border with Mexico (Perk Series Lecture)

The 1,952-mile border with Mexico presents both countries with numerous environmental challenges. This lecture reviews the major issues and binational programs aimed at environmental protection and natural resources conservation along the border noting past achievements, important agreements, recent challenges, and areas of progress affecting the status of binational cooperation on environmental matters in the border region. Key foci include water management, the La Paz-based environmental programs, institutional reform, and the impact of unilateral border security measures on conservation along the border.

Speaker: Stephen Mumme, professor of Political Science at Colorado State University.

How 3D Printing Is Changing Our Lives (Perk Series Tour)

Have you seen recent media attention and visibility about CSU’s Idea2Product 3D printing lab involved in a project garnering worldwide attention? (e.g. http://www.thedенverchannel.com/news/local-news/csu-scientists-designing-robotic-exoskeleton-to-help-people-with-spinal-cord-injuries-walk-again). A broad-based team of scientists helped a paralyzed teenager at the World Cup stand up, walk a few steps, and kick the first ball at the opening ceremonies. He was aided by a prosthetic exoskeleton controlled only by his brain waves. You will be fascinated to hear more about the role CSU’s I2P lab played in this hallmark event; it is but one example of the life-changing potential of 3D printing technology.

Take a tour of the I2P lab and hear a presentation on how 3D printers are being used to create prototypes and products, repair objects, develop beautiful artwork and virtually anything one can imagine. 3D printing is changing our lives now!

Facilitator: David Prawel is currently a senior research scientist at Colorado State University. In his 30+ year career as an entrepreneur, consultant, speaker, and author, he helped start a half-dozen...
technology companies, with one successful IPO, and consulted in 3D technology with dozens of manufacturing firms and software companies around the world.

**Time:** 4:30-6 p.m.
**Date:** Thursday, May 21
**Class Limit:** 20 participants
**Location:** Colorado State University Engineering Building, Idea2Product Lab, room B7B, basement level. Driving directions are available at: https://idea2product.net/about-us/.

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**Enduring Controversies from World War II**  
(Perk Series Lecture)  
#OSHR 3034 100

In this interactive lecture, participants will be questioned about what they regard as the biggest controversies about World War II. Those most often mentioned will be discussed. For example: Should Eisenhower have tried to take Berlin? Should Montgomery have been favored over Patton? Was Russia largely responsible for winning the war? Should the U.S. have dropped the atomic bomb?

**Speaker:** Henry Weisser retired as a full professor from the CSU history department after serving from 1965 to 2004. He has a Ph.D. from Columbia University, 1965. He taught World War II history for decades and always had a full class.

**Time:** 1-3 p.m.
**Dates:** Tuesday, May 26
**Class Limit:** 35 participants
**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

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**Chinese Calligraphy (Perk Series Lecture)**  
#OSHR 3072 100

Chinese calligraphy fully displays a part of Chinese culture and is an elegant art dating back several thousand years. This lecture will cover the history of Chinese calligraphy and Chinese script patterns. Participants will have the opportunity to hold Chinese brushes, write Chinese characters and fully appreciate the beauty of Chinese calligraphy.

**Speaker:** Yun Jianjing is an instructor at the Confucius Institute at Colorado State University and a member of the Chinese Calligraphy and Painting Research Institute.

**Time:** 1-3 p.m.
**Date:** Thursday, May 28
**Class Limit:** 35 participants
**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.
MAX at One Year: Successes and Challenges of the MAX Transit System in Fort Collins (Perk Series Lecture)

#OSHR 3054 100

The new MAX bus rapid transit system has been in operation for one year. How has it positively affected transportation in Fort Collins? What challenges have occurred? What changes have been made to accommodate riders and bicycles in 2015? What are some suggestions for parking and riding?

**Speaker:** Kurt Ravenschlag is the general manager of Fort Collins Transfort System.
**Time:** 1-3 p.m.
**Date:** Friday, May 29
**Class Limit:** 35 participants
**Location:** Drake Hall, 2545 Research Blvd. (northwest corner of Drake and Research), Fort Collins, Colo.

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